



SIXTH FORM BRIDGING WORK & YEAR 11 DISCOVERY



Get Ready for *A Level Dance*

Subject mind-set and BIG picture thinking & links...

A-level Dance is a dynamic qualification which encourages students to develop their creative and intellectual capacity, alongside transferable skills such as team working, communication and problem solving. All of these are sought after skills by higher education and employers and will help them stand out in the workplace whatever their choice of career. This specification reflects both historical and current dance practices, making it more relevant, and inspires a lifelong passion and appreciation for dance.

Studying dance at Shoreham Academy enables you to access much more than the A Level itself. You will have the opportunity to fully emerge yourself into dance through opportunities such as;

- Auditioning for our touring youth dance company 3Fall Youth (@3fallyouth).
- Studying an Arts Award Gold qualification alongside the A Level.
- Studying a BTEC Performing Arts dance pathway course alongside the A Level.
- Numerous trips and workshops.
- Performance opportunities.
- Community Events.
- Gymnastics, acro, trampoline and cheerleading opportunities with the Gym Academy (@gym_academy_sa).

Dance at Shoreham Academy remains one of the highest achieving subjects, the department pride themselves in their commitment to young people and their experiences. We very much look forward to working with you!

Please explore the following tasks:

Practical Tasks to complete:

Task 1:

The first task you will be completing for A Level Dance practical is the Performance Quartet. You will be invited to work with a number of guest choreographers in a range of contemporary dance styles. Previous years choreographers include:

Dillon Dance

Brian Gillespie from B-Hybrid Dance

KJ Mortimer from Lila Dance and StopGap

Lucy Brooks

Please look at these choreographers' works and get an idea for their differing movement styles. Can you find a short piece of repertory by each to learn? You may also wish to glance over the Performance Quartet grading criteria ([AQA A Level dance Specification](#)) to see what aspects you are marked on for this task.

Task 2:

The second task you will completing is the solo based on a practitioner. Can you use the specification to identify four different dance practitioners and explore their work and movement style. Mind map each practitioner focusing on details of their movement and production features and then create a short 32 count movement phrase based on their work. This could be choreography or repertory, simply aim to get a feel for the movement style of each practitioner.

Theory tasks to complete:

Set Work – Rooster

- Watch the set work on youtube - <https://www.youtube.com/watch?v=0bTW8tPL6qY&list=PL4F3B261E734B7D91>
- Read the Rooster resource pack - <https://www.rambert.org.uk/wp-content/uploads/2015/08/Rooster-Resource-Pack-1.pdf>

Compulsory Area of Study – Rambert Dance Company (formerly Ballet Rambert) 1966-2002

- Research into the following named practitioners: • Glen Tetley (1926–2007) • Robert North (born 1945) • Richard Alston (born 1948) • Siobhan Davies (born 1950) • Ashley Page (born 1956)
- Read the Rambert resource pack - <http://www.rambert.org.uk/wp-content/uploads/2016/11/Rambert-1966-2002-A-level-study-pack.pdf>

Set Work – Sutra

- Watch the set work on youtube - [Sidi Larbi Cherkaoui - Sutra // Sadler's Wells](#)
- Read the Sutra resource pack - https://issuu.com/sadlerswells/docs/sutra_resource_pack_final_v2?e=5210497/60781050

Optional Area of Study – Independent Contemporary Dance Scene 2000-present

- Research into the background of choreographers Sidi Larbi Cherkaoui, Akram Khan and Matthew Bourne. Create a fact file for each practitioner detailing their nationality, movement style, influences and professional works from 2000-present. This can be presented however you choose but must be informative and colourful.

Recommended websites you should be familiar with

Below is a list of recommended resource websites by AQA should you wish to get a head start on reading. Please click the link which will take you to the resource;

- Community link: Candoco dance equality resources
- Community link: Jasmin Vardimon resources
- Community link: Matthew Bourne resources
- Community link: One Dance UK subject association resources
- Community link: Rambert - 1966-2002 resource
- Community link: Rambert - AS and A-level resources
- Community link: Rambert - performance database
- Community link: Richard Alston resources
- Community link: Royal Opera House ballet resources
- Community link: Sadler's Wells - Set work: Sutra resource

Virtual training opportunities:

At this moment in time many dance organisations and professionals are turning to the web to provide training opportunities for young people. This is a huge advantage to you in the lead up to starting the A Level Dance course. Please take part in as many classes as you can whether this be technique, training, yoga, repertory, creative sessions etc...simply keep moving and getting inspired!

Suggested people to follow on Instagram for classes:

Dillon_dance
Liladanceuk
Bhybriddance
Amymorvell
Jwiltondance
Lukebrowncompany
Yydcinc
Natalie Hope theatre.fitness.girl
Melodysquire

Recommended reading:

Below are some links to some useful AQA resources, please click the link which will take you to the resource;

[Command words: Guide](#) (95.1 KB)

[Resource list: Areas of study](#) (208.4 KB)

[Resource list: Set works](#) (174.0 KB)

[Subject Specific Vocabulary](#) (108.9 KB)

Teachers contact for questions and more information

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It is time to look forward and explore the courses you planning to study in the future.

Getting organised: Begin to set up a Learning folder digital or at home for your chosen subjects.

(Shoreham Sixth Form has a way of organising this)